

# Your menu this week



EDUCATION

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**Week one**  
**06/09/21**  
**27/09/21**  
**18/10/21**  
**15/11/21**  
**06/12/21**

Cheese & tomato pizza (v)  
 (1,3,6 m/c 11)  
 Or  
 Vegetable & bean wrap (vg) (3)  
  
 ½ baked jacket, baked beans &  
 Rainbow slaw (11)  
  
 Fruit Salad

Beef bolognese  
 Or  
 Vegetable bolognese (vg)  
  
 Pasta (3)  
  
 Carrots, green beans  
  
 Toffee apple wholemeal cookie  
 with ½ glass milk (1,3)

Roast gammon & gravy  
 Or  
 Vegetable & lentil wellington  
 (1,3,11)  
  
 Roast potatoes  
 Seasonal greens, roasted  
 vegetables  
  
 Fruit Jelly

Turkey burger in sesame bun  
 (1,3,6,7)  
 Or  
 Quorn burger in a sesame bun  
 (v) (1,3,7,11)  
  
 Potato wedges, sweetcorn,  
 coleslaw (11)  
  
 Jam sponge & custard (1,3,11)

Fish fingers (2,3)  
 Or  
 Quorn Sausage (v) (1,3,11)  
  
 Chips, baked beans, peas  
  
 Chocolate & orange biscuit with  
 chocolate sauce (1,3)

**Week two**  
**13/09/21**  
**04/10/21**  
**01/11/21**  
**22/11/21**  
**13/12/21**

Mild mixed bean & potato  
 Curry with 50/50 rice (v) (1)  
 Or  
 Mac & cheese with basil bread  
 (v) (1,3,6,14 m/c 11)  
  
 Broccoli & carrots  
  
 Vanilla shortbread (1,3)

Mince beef burrito  
 (1,3)  
 Or  
 Vegetable & mixed bean burrito  
 (vg) (3,6)  
  
 Sweetcorn, Cauliflower  
 Mexican potato salad (11)  
  
 Fruit jelly with cream (1)

Roast turkey, gravy & stuffing (3)  
 Or  
 Cauliflower & lentil bake (v)  
 (1,3,14)  
  
 Roast potatoes  
 Kale & carrots  
  
 Chocolate brownie (1,3,11)

Pork sausages with gravy  
 (1,3,11,12)  
 Or  
 Quorn sausage with gravy  
 (1,3,11)  
  
 Mash potato (1), savoy  
 cabbage & green beans  
  
 Rice pudding with jam (1)

Fish fingers (2,3)  
 Salmon fishcake, (2,3,14)  
 Or  
 Vegetable fingers with  
 hummus dip  
 (3,7) (vg)  
 Chips, baked beans, peas  
  
 Wholemeal banana & apple  
 crumble and custard (1,3)

**Week three**  
**20/09/21**  
**11/10/21**  
**08/11/21**  
**29/11/21**

Tomato & basil pasta (3) (vg)  
 Or  
 Pepper & spring onion frittata  
 with new potatoes (1,11)  
  
 Garden peas, Seasonal salad,  
 Focaccia (1,3,6 m/c 11)  
  
 Fruit flapjack cookie  
 (1,3)

Mild turkey katsu with light curry  
 sauce (1, 3)  
 Or  
 Vegetable katsu with light curry  
 sauce (1,3,11)  
  
 50/50 rice, green beans, carrots  
  
 Oaty fruit crumble & custard (1,3)

Roast chicken & gravy  
 Or  
 Vegetable & soya pie  
 (v) (1,3,6,11)  
  
 Roast potatoes,  
 swede & savoy cabbage  
  
 Fruit jelly with cream (1)

Pork & vegetable ragu  
 Or  
 Quorn balls in a tomato sauce  
 (v) (3,11)  
  
 Pasta (3), broccoli & sweetcorn  
  
 Fruit sponge with custard  
 (1,3,11)

Battered fish  
 (2,3)  
 Or  
 Roasted pepper & mixed bean  
 quesadilla, tomato salsa (vg) (3)  
  
 Chips, beans, peas  
  
 Wholemeal oat cookie with ½  
 glass milk (1,3)

Available Daily: Handmade Bread (1,3,6 m/c 11), Fresh Salad & Fruit Also Available, Daily Jacket Potatoes with Beans, Cheese (1) Or Tuna Mayonnaise

**Allergen Key:** 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard  
 V= vegetarian VG= Vegan **MENU IS SUBJECT TO CHANGE \***